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NEWSLETTER

AUGUST 2016

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Persistence

Persistence is the ability to keep working toward a goal, no matter what. It can be difficult to push through things like injuries and other physical obstacles, but sometimes, the harder obstacles are all in our heads. Fear, disappointment, or even just plain laziness are often the biggest roadblocks we face. Sven Eriksson, a former soccer player, once said “The greatest barrier to success is the fear of failure.” Too often, being afraid to fail keeps people from trying something new or difficult, but, for those who are willing to push that fear aside, great things are possible.

Here are some examples of great things that happened because people pushed through their failure:

- NASA experienced 20 failures out of its first 28 attempts to send a rocket into space.
- Walt Disney went bankrupt after failing at several businesses. He was even fired from a newspaper for lacking imagination.
- It took Thomas Edison 1,000 attempts before inventing the light bulb.
- Dr. Seuss’s first book was rejected by 27 publishers before it was finally accepted.

Summertime Beach in a Bottle

You'll need:

- Recycled plastic bottle with bottle lid
- Granulated Sand (From a beach or purchased at a local store)
- Seashells and toy critters (like a crab)
- Decorative, fake plants (used to decorate fishtanks)
- Superglue and a parent or teacher's help



Directions:

1. Clean a recyclable plastic bottle and let it air dry. Gather your materials and think of ideas on how you want the little beach to look.
2. Start gluing the fake plants into place. Ask an adult for help. Let the glue dry for at least an hour.
3. With an adult, pour the sand to a height that looks right. Place seashells and other items inside to finish the little beach.
4. After completing the little beach, ask an adult to glue the bottle lid tightly to the bottle. This will make sure nothing spills out. Your summertime beach in a bottle is done!

Safety tips:

When making your beach in a bottle, ask an adult for help to place the plants and the sand inside. This project is a lot of fun but also can be very messy.

Out Rhyme the Pet

How many words rhyme with “cat”? Try to write every word you can think of that rhymes!

See if you can beat Mr. Stripes the Cat. There are over 20 words to write!

[illegible]

Scoring:

1 point for each 3 letter word

2 points for 4 letter words

3 points for 5 letter words

and so on.

My Score: _____

Definition:

Example:

Stamina is an important skill to have when you are working toward a goal. Along with focus and determination, having stamina gives us the ability to keep pushing through obstacles until we reach our goal.

**“TRY TO BE A RAINBOW IN
SOMEONE’S CLOUD.”**

- MAYA ANGELOU -

1. The student who will be wearing green just ordered a new weapon case.
2. Mr. Williams practices forms with his son every night.
3. Gloria has an excellent bo staff routine.
4. Raymond Pierce is wearing a blue uniform.

		Pierce Williams Sharp			Forms Weapons Sparring			Blue Green Black		
First Name	Gloria									
	Michael									
	Raymond									
Color	Blue									
	Green									
	Black									
Competition	Forms									
	Weapons									
	Sparring									