



KID KICK NEWSLETTER

DECEMBER 2016

©2016 MAIA, LLC. / 1216MAIAKIDKICK

Generosity

Are you a generous person? Do you give others your time, your efforts, or your help? If you look at generosity as giving money, it can be difficult to see the ways that you show generosity to your friends and family. Fortunately, generosity is more than that. It is an attitude of giving that we can all have. When we use our talents, skills, or abilities to help others, we are showing them that we care.

When was the last time you saw someone in need and offered your help? It could have been a friend, a classmate, or a family member. Can you help out with chores at home? Can you offer help to a classmate who is struggling with a math assignment? Can you assist a friend who needs your help getting their sidekick just right?

There are a lot of ways to be generous. The list of generous deeds doesn't just include money-related generosity. Give someone your time, your help or your attention and see how great generosity can be.

New Year's Resolutions

Have you ever had dreams about what you would like to be when you grow up, how you would like your next sparring match to go or how you will do on your next test? Probably. We all have dreams about the future. But just dreaming about it won't make it happen. Something you can do is set goals and work out the steps you can take to make your dreams happen.

That's what new year's resolutions are. They are a set of things we would like to do in the next year. Whether you want to start working toward a dream for your future, or you want to start working to be different person in some way, new year's resolutions are a great way to start down that path, as long as you make the resolution a practical one.

Instead of writing a goal to "Be a tidier person", try setting a goal to clean your room twice a week. The end result is the same (a clean room) but your goal is now measurable. You'll know how well you are doing in February by looking back at whether you were able to accomplish your smaller goal.

Gingerbread!

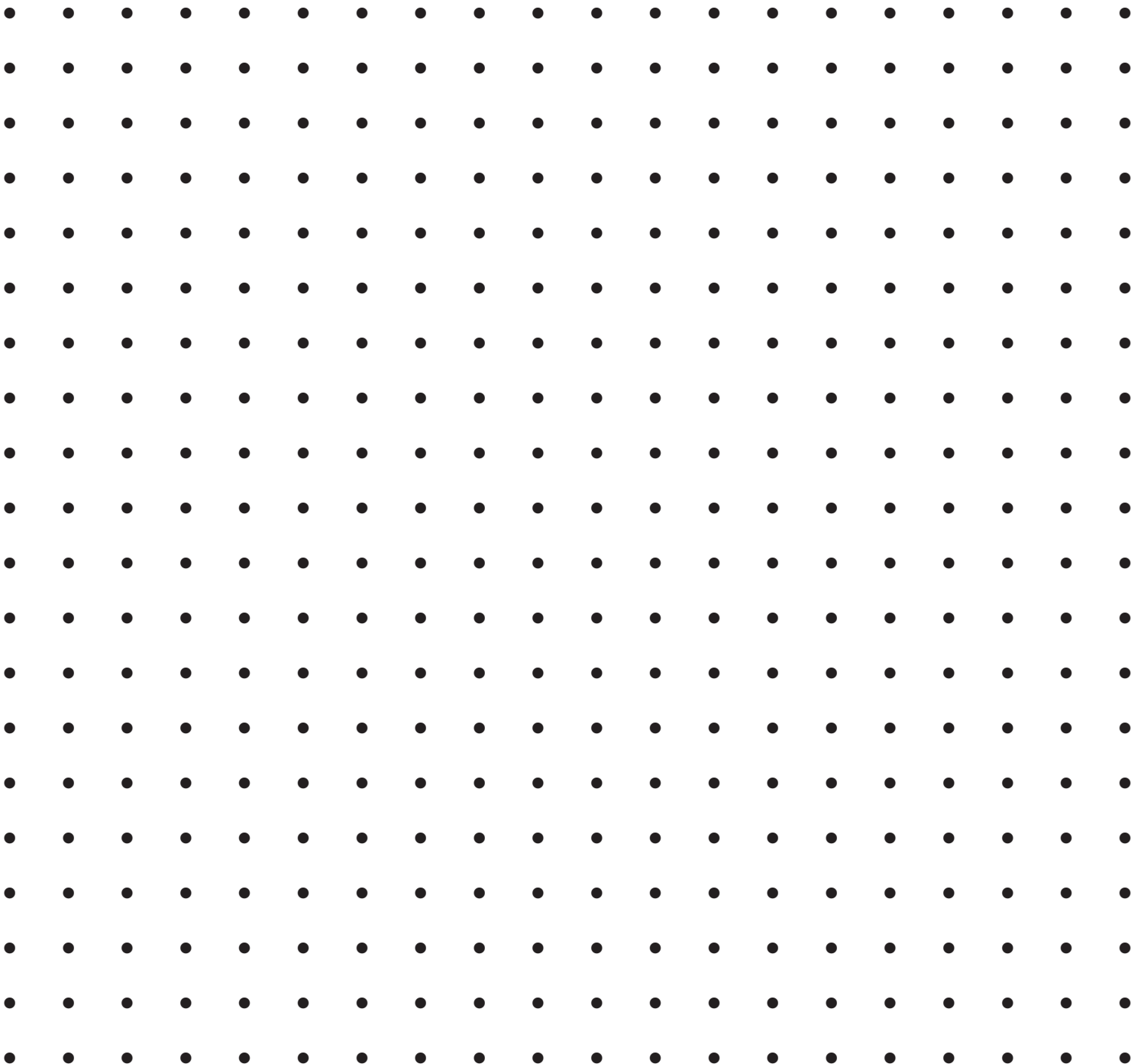
Decorate and color the gingerbread people!



Lines & Boxes Oh My!

Choose who will go first. He or she will draw a straight line, joining two adjacent dots. The next player then also joins up two adjacent lines. Continue taking turns until someone completes a box. The then claims the box as their own by writing their initial in it, and gets another turn. Every time a box is completed, the player who completed it gets another turn. Continue play until all boxes are complete.

The player with the most boxes wins.



Word to Remember

Practical

Definition:

Adjective — Of or concerned with the actual doing or use of something rather than with theory and ideas.

Example:

Emmett wanted to have stronger punches, so he set a practical goal of 20 sit-ups a day.

WISE QUOTE

**“NEVER GIVE UP. TODAY IS HARD,
TOMORROW WILL BE WORSE, BUT THE DAY
AFTER TOMORROW WILL BE SUNSHINE,”**

— JACK MA —

Word Search

Search for the words to the left.

BLACKBELT

COLD

DECEMBER

DREAM

EXERCISE

FIREPLACE

GENEROSIT

GOAL

HOLIDAYS

HOTCHOCOLATE

KIDKICK

PRACTICAL

RESOLUTION

SCARF

SNOW

SPARRING

VACATION

WINTER

I	O	Z	T	A	M	R	Q	U	H	W	I	E	Y	V
G	W	I	N	T	E	R	Z	J	G	I	R	R	T	A
D	E	C	A	L	P	E	R	I	F	E	C	E	L	C
N	L	N	O	V	Q	J	A	Z	B	X	S	S	E	A
T	R	M	E	L	H	M	S	M	M	E	W	O	B	T
V	W	M	M	R	A	H	E	C	M	T	L	L	K	I
H	O	T	C	H	O	C	O	L	A	T	E	U	C	O
O	N	T	P	I	E	S	I	L	Y	R	M	T	A	N
X	S	G	D	D	P	X	I	T	I	F	F	I	L	K
E	X	E	R	C	I	S	E	T	C	D	K	O	B	C
G	N	I	R	R	A	P	S	D	Y	A	A	N	I	I
S	L	A	O	G	D	P	I	R	L	M	R	Y	C	K
P	Y	F	N	X	P	U	N	E	W	O	V	P	S	D
V	J	S	R	R	B	Y	Y	A	A	S	C	H	E	I
T	Q	P	I	D	Z	E	E	M	H	Q	E	R	R	K